

The Healing Power of His Name

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HEALING PRAYER

When we pray for healing, Jesus always hears us, and Jesus always heals. Sometimes it is emotionally, sometimes spiritually, and sometimes physically . . . but He always comes, and He always heals. The Goal of Healing Prayer is for us to know that we are seen, heard, known, and loved by our Heavenly Father. We are each designed for a deep relationship with Him and to one day spend eternity with Him in heaven.

POWER OF WORDS

There is incredible power in our spoken word. When God created the world, He spoke everything into existence. *“And God said, ‘Let there be light and there was light.’” Genesis 1:3* WE are created in God’s image and likeness. So, when we speak ~ our words have incredible power as well.

POWER OF THE SPEAKING IN THE NAME OF JESUS

Words have great power but speaking in the name of Jesus literally has Divine Power. Jesus tells us we will do even greater things than Him ~ in His name. *“Truly, truly, I tell you, whoever believes in Me will also do the works that I am doing. He will do even greater things than these, because I am going to the Father. And I will do whatever you ask in My name, so that the Father may be glorified in the Son. If you ask Me for anything in My name, I will do it.” John 14:12-14*

We use the power of Jesus’ name and the power of our spoken word. We speak in private and aloud (demons cannot read your mind) using the following these steps:

SPEAKING ~ FORGIVENESS

Over Myself: *In the name of Jesus, I repent of lying. In the name of Jesus, I forgive myself for lying.*

Over Others: *In the name of Jesus, I forgive (this person) for (this specific injury).*

SPEAKING ~ PERSONAL DELIVERANCE: RENOUNCE, REMOVE, RECEIVE

Renounce (Spirits): *In the name of Jesus, I renounce the spirit of _____ (fear, anxiety, hopelessness, perfectionism, control, pride, resentment, self-pity, unworthiness, workaholism, obsessive thoughts, lust, vanity, avoidance of conflict, unrepentance, adultery, addiction, masturbation, etc.)*

Renounce (Lies): *In the name of Jesus, I renounce the lie that _____ (I am a bad mom, I am a burden, I am unlovable, I am a failure, I don’t belong, I am alone, I am the only one struggling, etc.)*

Remove: *Jesus, please remove these lies, these spirits, and any related spirits.*

Receive: *Father, please bless me. Please fill me with Your _____ (peace, love, joy, truth, and hope, etc. . . . whatever good gifts You desire from the Father to fill you)*

WEEDS

We like to consider the lies and spirits of the enemy ~ weeds in our garden. We pull them, we ask Jesus to remove them, and then we receive the blessing of the Father to fill those empty spaces. We will feel lighter and freer when the weeds are no longer blocking God’s light. But what happens a few days after we weed a garden? More weeds pop up, right? The reality is that we have been born into war; there is a battle for our soul. Of course, the enemy will tempt us and try to steal our peace and joy ~ we are God’s beloved. We are not surprised by the weeds; we walk in our authority, and we embrace the power of His holy name. Whenever we notice we are losing our peace and joy (like chaotic static in our soul), we just pause and pull ~ RENOUNCE, REMOVE, RECEIVE. Remember, this is not a replacement for the Sacrament of Reconciliation. This is in addition to it. God desires us to have both the grace of the Sacraments and the power of the name of Jesus.

REVEAL TO HEAL

The Holy Spirit often will invite us to find deeper healing and freedom by reminding us of a memory of the past. We cannot run, distract ourselves from, or attempt to numb. We need to feel it all so He can heal it all. Honoring that discomfort allows us to recognize the next step. What is He inviting us to do?

- Repent and forgive ourselves or another person?
- Renounce spirits: *rejection, hurt, shame, abandonment, betrayal, etc.?*
- Renounce lies: *what I want doesn't matter, I am invisible, I am a fraud, it's all up to me?*

Once we recognize what His is showing us, we follow the steps of Forgiveness and/or Personal Deliverance.

BLOCKS TO HEALING: The Occult, Unholy Soul Ties, and Generational Spirits.

BLOCKS OF THE OCCULT

Those who have dabbled in the occult (Tarot Cards, Ouija Boards, Palm Reading, Witchcraft) have opened a window to the enemy. We are not afraid; we just shut that window. Speak aloud:

Renounce: *In the name of Jesus, I renounce any spirit that came to me when I played the Ouija Board. (speak the occult action)*

Remove: *Jesus, please come take this spirit and any related spirit.*

Receive: *Father, please fill me with Your joy, trust, peace, and love.*

BLOCKS OF AN UNHOLY SOUL TIE

We are created to be sexually intimate with only our spouse (if we are called to marriage). If a person has entered into sexual intimacy outside of marriage, they may have an unholy soul tie with that person. But, if anyone's opinion of us causes us to obsess about their approval or we lose our peace and joy thinking about them, then it could also be an unholy soul tie. We break that unholy soul tie by speaking this aloud:

In the name of Jesus, I renounce an unholy soul tie with _____ and I take back what he/she took from me, and I give back what I took from him/her.

BLOCKS OF GENERATIONAL SPIRITS

Sometimes families carry generational spirits that are passed down. This does not mean all family issues are generational issues. But we are open to renouncing anything that seems prevalent in a person's family history. When in doubt, renounce it out. Examples: freemasonry, addictions, poverty, specific illnesses, depression, anxiety. We use Personal Deliverance Prayer Method:

Renounce: *In the name of Jesus, I renounce the generational spirit of addiction.*

*Insert the potential generational spirit here

Remove: *Jesus, please come take this spirit and any related spirits.*

Receive: *Father, fill me with your peace, hope, love, and joy.*

FAITH IN HEALING

Jesus performed many miracles, including raising Lazarus from the dead. But eventually Lazarus still died. So, what was the point of healing his dead body? Jesus healed to increase faith. Healing is NOT the final goal, because we all eventually die. Jesus still heals today to increase our faith so that He can find deeper relationship with us and to one day spend eternity with Him. Remember that you are beloved. You are worth it. You are His beautiful child. Embrace your worth and authority in His name and claim the inheritance Jesus died to give you.